Monthly Menu Plan

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Week 1	Mon	Tues	Wed	Thurs	Frid	Sat/Sun
Breakfast						
Lunch						
Dinner						
Diminor						
Week2	Mon	Tues	Wed	Thurs	Frid	Sat/Sun
	IVIOII	Tues	WGu	Tiluis	Tilu	JavJuli
Breakfast						
Lunch						
<u>.</u>						
Dinner						
Week 3	Mon	Tues	Wed	Thurs	Frid	Sat/Sun
Breakfast		•				
Lunch						
Dinner						
Dililici						
Week 4	Mon	Tucc	Wod	Thure	Erid	Sat/Sun
	IVIOII	Tues	Wed	Thurs	Frid	SaySuii
Breakfast						
Lunch						
Dinner						