SHOPPING LIST

PRODUCE
◇ apples
◇ bananas
◇ carrots
◇ lemon
◇ lettuce
◇ lime
◇ onion
◇ oranges

MEAT
◇ chicken
◇ ground beef

PASTA/BREADS
◇ hamburger rolls
◇ hot dog rolls
◇ mac & cheese
◇ penne
◇ rice pilaf
◇ rolls
◇ thin spaghetti
◇ tortilla shells
◇ wheat bread
◇ white bread

DAIRY
◇ butter
◇ cheddar block
◇ cheese (slices)
◇ cream cheese
◇ eggs
◇ milk (reg)
◇ milk (soy)
◇ orange juice
◇ parmesan cheese
◇ sour cream
◇ yogurt

SNACKS/DESSERTS
◇ brownies
◇ cake mix
◇ chips
◇ cookies
◇ crackers
◇ Little Debbies
◇ popcorn
◇ pretzels

CAN GOODS/SAUCE
◇ alfredo sauce
◇ black beans
◇ chicken broth
◇ chunky PB
◇ cream of chicken soup
◇ creamy PB
◇ diced tomatoes
◇ kidney beans
◇ manwich
◇ salsa
◇ spaghetti sauce
◇ tuna fish

FROZEN
◇ curly fries
◇ ice cream
◇ smiles
◇ tater tots
◇ vegetables
◇ waffles
◇ yeast loaf bread

SEASONINGS
◇ bread crumbs
◇ cooking spray
◇ fajita seasoning
◇ flour
◇ honey
◇ Italian
◇ olive oil
◇ stuffing topping
◇ sugar
◇ taco seasoning
◇ veg. oil

BREAKFAST
◇ cereal
◇ cereal bars
◇ grits
◇ oatmeal
◇ orange juice
◇ pancake mix
◇ pop tarts

PAPER PRODUCTS
◇ aluminum foil
◇ bleach
◇ dish soap
◇ dishwasher soap
◇ dryer sheets
◇ kleenex
◇ laundry detergent
◇ lysol
◇ napkins
◇ papertowels
◇ plastic wrap
◇ plates/cups
◇ sandwich bags
◇ sponge
◇ toilet paper
◇ trash bags

TOILETRIES
◇ advil
◇ bandaids
◇ bar soap
◇ benadryl
◇ body soap
◇ conditioner
◇ cough RX
◇ dental floss
◇ deodorant
◇ feminine products
◇ hair color
◇ hand cream
◇ hand soap
◇ lip balm
◇ nose spray
◇ q-tips
◇ razor blades
◇ shampoo
◇ toothpaste
◇ triple a/b ointment
◇ vitamins
◇ witch hazel

OFFICE SUPPLIES
◇ envelopes
◇ PC paper
◇ stamps

DOG ITEMS
◇ food
◇ RX
◇ treats

OTHER
◇ card
◇ chocolate
◇ nuts
◇
◇
◇
◇
◇
◇
◇
◇
◇

DINNERS

MON	TUES	WED	THURS	FRID